

Dear Parent or Carer,

## **Bikeability On-Road Cycle Training**

I write to inform you that Year 6 children at **St Patrick's Catholic Primary** have been invited to take part in Durham County Council's Bikeability cycle training programme.

The course, will take place during school hours, will be held on **6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> July, 2026**. The on-road sessions will be conducted on quiet, fully risk assessed roads close to school. The courses are delivered by professionally trained, qualified, and registered instructors and each participant will receive a certificate and badge at the end of the course.

The aim of the course is to improve skills and road craft and, as such, **all participants must be able to ride a bike to a basic standard**. Participation in the on-road section of the course (Level 2) is dependent upon achieving Level 1.

All bikes must be in a safe and roadworthy condition. The bikes will be checked for roadworthiness before the start of training and any defects reported back to parents in order that they may be rectified. If a bike is not deemed to be roadworthy, the child will not be able to take part in training until repairs are carried out or a replacement bike is made available. **A roadworthy bike must have two working brakes, inflated tyres and handlebars and a saddle fixed firmly in place**. A video guide showing how to check a bike's roadworthiness is available at [https://youtu.be/E8nalmxHz\\_s?t=63](https://youtu.be/E8nalmxHz_s?t=63).

All children wishing to take part in the course must wear a cycle helmet during training. If you are buying a helmet, make sure it has the EU standard number BS EN 1078: 1997. A limited number of helmets may be available for loan. Hi-visibility waistcoats will be provided and worn throughout the training, but the children will need to wear suitable warm / waterproof clothing.

Please scan the adjacent QR code and complete the online form (also available at <https://consent.bikeability.org.uk/serve-alarm-fly>) if you wish your child to take part in the training. **Please be aware that children can only receive this vital training if you complete and submit the online form**. If you do not have access to the Internet, please contact the school or the [Bikeability Officer](#) (03000 268169).



Should you have any queries or concerns regarding the training, please do not hesitate to contact the Road Safety Section on 03000 268169.

For more information on Bikeability visit:  
<https://www.bikeability.org.uk/get-cycling/cycle-training-for-children/>